



**2010-2012 RM-Z250/ RM-Z450  
Suspension Worksheet**

Rider Name \_\_\_\_\_  
 Contact \_\_\_\_\_  
 Date \_\_\_\_\_  
 Salesman/Technician \_\_\_\_\_  
 (Updated 7-1-20)

STAGE 1

**Service & Oil Change** (please check the services you would like done.)

Service Number	Description	Price
<input type="checkbox"/> SRV-004	Fork Service & Oil Change	\$109.95
<input type="checkbox"/> PC-01S	Fork Fluid	\$27.95
<input type="checkbox"/> SRV-005	Shock Oil Change & Service	\$89.95
<input type="checkbox"/> PC-02S	Shock Fluid	\$27.95

- Yes, change springs if needed & charge me.     No, notify me if springs need to be changed.  
 Yes, change additional wear parts & charge me if needed.     No, notify me if additional wear parts are needed.

**Re-Valve & Set Up: Forks** (please check the services you would like done.)

Service Number	Description	Price
<input type="checkbox"/> SRV-002	Fork Re-Valve & Set Up	\$194.95
<input type="checkbox"/> FRI-013 (required)	Low Speed Valve, Pressure Springs (2), Fork Piston (new style) (2), Fork Oil, Adjuster Tool	\$201.55

- Yes, change additional wear parts & charge me if needed.     No, notify me if additional wear parts are needed.

STAGE 2  
(includes stage 1)

**Re-Valve & Set Up: Shock** (please check the services you would like done.)

Service Number	Description	Price
<input type="checkbox"/> SRV-003	Shock Re-Valve & Set Up	\$164.95
<input type="checkbox"/> SRI-013 (required)	Shock Piston, Shock Oil, Shock Shaft Nut, High Speed Collar	\$131.75

- Yes, change additional wear parts & charge me if needed.     No, notify me if additional wear parts are needed.

**Springs** (please check the services you would like done.)

Service Number	Service Job	Price
FS-	Fork Springs	\$129.95
SS-	Shock Spring	\$129.95

- Yes, change springs if needed & charge me.     No, notify me if springs need to be changed.

STAGE 3  
(includes stage 2)

**Re-Valve & Set Up: Optional Parts** (please check the optional parts you would like put on.)

I want this product	I don't want this product	Service Number	Description	Price
<input type="checkbox"/>	<input type="checkbox"/>	PC1900-0015	Anodize Kit w/ Bladder Cap (*10-12 RM-Z250 Only)	\$124.95
<input type="checkbox"/>	<input type="checkbox"/>	BCK-02	Bladder Cap Kit (*10-12 RM-Z450 Only)	\$69.95
<input type="checkbox"/>	<input type="checkbox"/>	PC3011-0000	SX Spring Seats (supercross)	\$146.95
<input type="checkbox"/>	<input type="checkbox"/>	SPA10250	Linkage Arm 134mm (132mm Stock)	\$224.95

\* Not checking any of the above boxes will put a delay on your suspension services.

Rider weight w/o gear \_\_\_\_\_ Skill level/Class \_\_\_\_\_ Type of Riding \_\_\_\_\_  
 Terrain \_\_\_\_\_ Additional Information \_\_\_\_\_

All items in **BLACK** are required in this suspension re-valve and set-up. All items in **RED** are optional.  
**PLEASE NOTE:** There will be an \$8.50 HAZ MAT fee and \$10 chemical cleaning fee added to all suspension orders and there may be a \$1.50 charge for each shim used (average bike uses 0-100 shims)